



Walks to nurture Care

CareStories is a **local and European project** between **Italy, Poland and Greece** that aims to create a network of **“Cultural Walks” (CareStories Walks)** addressed to **people** (especially elderly living in internal area) that have been **living long periods of stress, isolation and fear during the Covid pandemic**.

CareStories aims to reinforce, through theatre workshops based on Social and **Community Theatre method**, the **sens of local and European belonging** in the participants and in the inhabitants of the territories.

Project leader is **Social Community Theatre Centre | Teatro Popolare Europeo (It)**, partner are **Omnia Studio (Gr) and Brama Theatre (Pl)**. The three partners of the project had already worked successfully together during previous Eu projects (2011 and 2014 Creative Europe Programs, 2018 Erasmus + program) sharing a common theatre methodology developed by the Social and Community Theatre centre together with the University of Turin. They have continued to maintain a rich and fertile dialogue on theatre practices and working methodology, constantly reinforced by the online collaboration for new cultural project and European funding applications.

PROJECT AND METHODOLOGY

Aim of the project is to **create three experiences of Social and Community Theatre** in the three European regions involved. During the process, each group of participants will co-create four **“CareStories Walks”** involving their territory and will share stories and anecdotes concerning their natural and cultural heritage thanks to the Social and Community Theatre methodology.

Care Stories would like to create a connection between 3 different territories of Europe, a mountain territory in Italy, an island territory in Greece and a baltic sea territory in Poland to create a shared map of natural and cultural walks told by the local inhabitants. The **final output**, a **shared map with walks infos and local stories**, will be the **dissemination material** to engage other inhabitants experiencing isolation and fear due to the pandemic.

The **main methodology** will be that of **Social and Community Theatre**, developed by the lead partner (Social Community Theatre Centre (SCT) | Teatro Popolare Europeo (Tpe) at the University of Turin starting from 2003 and already experienced with the EU partner in previous Creative Europe projects together.

MAIN ACTIVITIES AND IMPACT

The main activities realised by the project will be:

- **creation of 3 Social and Community Theatre workshops**, one for each of the 3 local areas involved (Piedmont, Heraklion island and Goleniow area). During the workshops participants will be encourage to share stories and memories connected to the territories and create a theatre storytelling to be used in the “CareStories Walks”.
- **co-creation of the “CareStories Walks”** (at least 4 for each country) involving the participants of the workshops, inhabitants and local institutions.
- **creation of a list of CareStories Walks** with stories, technical infos, photos and videos
- **creation of an online page** with all the walks created in order to encourage everyone to discover the paths and the areas involved



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Main targets groups of the project are the three groups of participants of the workshops living in the areas involved (85 people):

- **Piedmont Valleys (Val Sangone, Chisone e Susa) 45 people** aged 55+
- **Heraklion Island 20 people** aged 55+
- **Goleniow Area 20 people** aged 55+

Other targets groups are:

- **Inhabitants of the three region involved, engaged in the “Cultural Walks”** (90 people)
- **Local institutions and associations** (60 people)
- **Artistic partners and member of the teams** (15 people)
- **Proximity tourists of the territories involved** (at least 300 people)

The expected impact will be:

- a stronger **sense of belonging to an European Nation** for the participants of the workshops
- a renewed **sense of belonging to a local community** for the participants, the inhabitants experiences the walks and the local institutions
- **new cultural and artistic possibilities** of collaboration between the artistic partners and the local institutions

At the end of the project, after the collection of all the “CareStories Walks” there will be the **dissemination** of the activities, methodology and output both at **local and European level** (thanks to the collaboration of the different partners of the project) in order to sustain the legacy of the activities and its reproducibility.

Team

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